



RUSKIN
A PRIORY ACADEMY

Ruskin Values Transition Booklet

Summer 2020





Dear Students

I hope you are all keeping safe and well during your time away from school. Now that the holidays are nearly here, your teachers won't be setting you normal school work for the next few weeks, but I know that it is very difficult staying at home so here are some ideas to keep you entertained – and also to introduce you to our Ruskin values, which are:

- Wisdom
- Curiosity
- Generosity
- Courage
- Passion

In this booklet are ideas that you can do at home and ways in which you can start to work towards achieving Ruskin awards including the Baccalaureate and Ruskin Respects. Once you have done a task, ask a parent or carer to tick them off – it would be great if you could take a picture of anything you are particularly proud of to share with us when we return.

We look forward to meeting you all in the new term but in the meantime, keep on being the best you can be and keep safe.

Ms Wyles

Headteacher





Value: Wisdom

Task	Completed
<p>Learn about other cultures</p> <p>Create a project on a country of your choice; you could use this as your presentation for an award at Ruskin called the Baccalaureate. (You will hear more about it in September.) This could be a PowerPoint or scrapbook on a country you have visited, or would like to visit, and could include some examples of language used for greeting people, the food specialities of that country, information on what the country is known for, the country's flag and anything that you can find out that would be of interest.</p>	
<p>Make a time capsule</p> <p>These are interesting times we are living in, make a time capsule to freeze this moment in time. You could include a letter to whoever finds your capsule describing the world we live in, include some important newspaper cuttings or a description of today's headlines. What do you think would be important for future generations to know about us?</p>	
<p>Is there a future for online schooling?</p> <p>Does online schooling work? Compile a list of the advantages and disadvantages of having your work set online. Are there any aspects of the online system that would be a good idea to keep?</p>	





Value: Curiosity

Task	Completed
<p>Listen to an audio book</p> <p>https://stories.audible.com/discovery</p> <p>Audible streams children's literature online. It is currently free to use during the school closures.</p> <p>Extension: Choose a book for this module and write a review. Evidence of this will count towards your Ruskin Respects 'Curiosity' badge. You will collect lots of badges whilst at Ruskin.</p>	
<p>Try one of these engineering challenges</p> <p>https://www.jamesdysonfoundation.co.uk/resources/challenge-cards.html?gclid=EAlaIQobChMIrOeB4s3H6AIVBLTtCh09ZQU9EAAYAiAAEgJLwfD_BwE</p> <p>44 engineering and science challenges from the engineers at Dyson.</p>	
<p>Take a virtual field trip</p> <p>https://artsandculture.google.com/</p> <p>More than 2,500 museums around the world have made their collections accessible online through Google Arts and Culture; you can also take virtual tours of U.S national parks, the international space station and even the surface of Mars.</p> <p>www.earthcam.com</p>	





Value: Generosity

Task	Completed
<p>Write a letter to a relative</p> <p>You might think of letters as old fashioned but with not being able to visit relatives, sending a letter would be a lovely way to show then you are thinking of them and make their day, plus who knows, you might get one back.</p>	
<p>Spring Clean</p> <p>Be generous with your time, offer to spring clean a room of the house (or clean the car) or get involved in helping in the garden; you could help with mowing the lawn, doing some weeding, planting some seeds and having your own patch. Take before and after photos and use these for your Generosity badge and Baccalaureate award.</p>	
<p>Tell someone at home you appreciate them</p> <p>We are all spending much more time at home at the moment, take time to tell those around you that you appreciate them. Why not try making them a card, writing them a poem or doing something special for them.</p>	
<p>Be good to yourself</p> <p>Go to the Ruskin website and click on the Wellbeing link. Read the How to protect your Wellbeing poster.</p> <p>https://www.prioryruskin.co.uk/page/?title=Wellbeing&pid=273</p>	





Value: Courage

Task	Completed
<p>Take a digital detox</p> <p>Stop using your digital devices (smartphone, tablet, laptop etc) for 24 hours. Use all the spare time you have to engage in conversations with family members, play board games or read a good book.</p>	
<p>Watch something different</p> <p>https://www.whatsonstage.com/london-theatre/news/stage-shows-musicals-opera-free-stream-online_51198.html</p> <p>Stage shows, musicals and opera you can watch online now for free.</p> <p>Try an Andrew Lloyd Webber musical – go on to Youtube “The Shows Must Go On.”</p>	
<p>Try a new exercise</p> <p>Download the downdog exercise app, try a free yoga, Zumba, HITT, barre or 7 minute workout class</p> <p>https://www.downdogapp.com</p> <p>Keep a journal to evidence what you have tried out and what your thoughts were. Have you been inspired to take up a new sport/exercise as a result?</p> <p>Evidence of this can be used for your Courage badge.</p>	





Value: Passion

Task	Completed
<p>Teach someone</p> <p>Make a video, PowerPoint or leaflet teaching someone about something you are passionate about.</p> <p>Evidence of this will go towards your Passion badge.</p>	
<p>Share your passions</p> <p>Demonstrate that you have a hobby you are passionate about by creating a presentation/piece of writing/scrapbook etc. This could be used for your Baccalaureate presentation.</p>	
<p>Practice your drawing skills</p> <p><u>20+ YouTube Channels to Learn How to Draw for Free</u></p> <p>Create a portfolio of your drawings, either by taking pictures or saving them on your phone or keeping them in a scrapbook.</p> <p>Sharing your portfolio could form part of your presentation for your Baccalaureate.</p>	

