

## Personal Development Overview 2021 - 2022

	Careers	Living in the wider world	Relationships	Health & wellbeing	British Values/SMSC
Year 7	<b>Values and Identity</b> Aspirational students Work based skills Employer Engagement	Bullying Communicating Stereotypes Discrimination Caring for our environment.	Friendships & boundaries Peer pressure & respect Safety in relationships Self esteem & self-worth Family relationships	Puberty & managing change Taking responsibility for my own health Smoking, vaping Drugs alcohol & tobacco Managing my physical health	Personal identity & values Individual liberty Intro. To British Values Intro to Democracy Right and wrong Challenging Extremism
Year 8	Work based skills 2 Employer engagement Introduction to FE/HE	Decisions on money Fire Safety LGBT & homophobia Recognise & challenge values Finance Body image & the media	Influences on relationships Healthy Relationships Law and consent (sexual relationship) Sending explicit images Managing relationships Types of relationships	Managing own wellbeing Alcohol awareness Mental Health – stigma Contraception/STIs Teenage pregnancy First Aid/personal safety	Tolerance Antisocial behaviour Radicalisation & extremism Criminal justice system Family law Diversity in relationships
Year 9	Employability Strengths and transferrable skills Goal Mapping Marginal Gains Inspiring the next generation	Self-discipline Knife crime Sustainability Boundaries on the internet Risks of the media Gambling and debt	Peer Pressure Domestic abuse Dangerous relationships Sexual attraction & diversity Impact of media on relationships Consent	Mental Health difficulties Body image and media Eating disorders Expectations of sex Use of drugs Self-harm	Privilege Democracy and British politics Stonewall Cultural capital Prejudice and discrimination Rule of Law vs Religious practice
Year 10	Strengths and transfer. skills Career planning CV Writing Business Engagement Recap on HE Farmer to pharmacist	Media portrayal and bias Online identity Personal finance Same sex relationships Fire Safety Budgeting and saving	Readiness for sexual relationships Legal status of relationships Pornography and revenge Relationships values Healthy relationships Sexual harassment - support	Mental health – confidence etc. Mental health – coping strategies Personal safety Life changes Wider risks of drugs/alcohol Pregnancy and parenting	Discrimination and harassment Equality Act 2010 & work Extremism – intolerance Stereotypes – labour market Anti-social behaviour Legal position on abortion
Year 11	Study skills My perfect University Next steps inc. Apprenticeships Work Experience	Blood, organ & stem cell donation Use of personal data Gambling and online gaming Personal Finance inc. rent/tax Media portrayal and bias	Abusive relationships Peer influence Consent, rape & sexual abuse Bullying & body shaming Link between sexual relationships and mental and physical health	Relationship types and sexuality Sexual health Sleep, diet & exercise Media and beauty perceptions First Aid	Right wing extremism Strategies to challenge Community cohesion
Year 12/13	Student Finance Personal Statement UCAS University life HE/FE/Apprenticeships Work Experience	Challenging prejudice and discrim. Setting aspirational goals Global job market CV Rights in the workplace Harassment	Body Image Bullying Intimacy and diff types of relationship Sexual Health Personal safety Consent		
	Exam skills Employability skills	Trade unions Consumer rights Finance Media Bias and extremism	Managing stress & anxiety Sexual harassment, assault & abuse Healthy lifestyles – screening Forming/maintaining relationships Preparing for independence		