

PSHE Curriculum Overview 2021

| | | Year 7 | | Year 8 | | Year 9 | | Year 10 | | Year 11 | | Year 12 | | Year 13 | |
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| | | Title | | Title | | Title | | Title | | Title | | Title | | Title | |
| CAREERS ACTION PLAN | H1 L2 L9 | Values and Identity | H1 L2 L9 | Values and Identity | L1 L3 L7 L8 L9 L10 L13 L14 L15 | Employability | H1 H2 L1 L2 L3 | Strengths and transferrable skills | H1 H2 L1 L2 L3 | Strengths and transferrable skills | L1 L7 L13 L14 L15 | Student Finance | L2, L3 L4 L5 L6 L7 | (UCAS DEC 20) Transition to HE Presentation | |
| | H1 L3 L6 L9 L12 L6 | Aspirational Students | H1 L3 L6 L9 L12 | Aspirational Students | H1 H2 L1 L2 L3 | Strengths and transferable Skills | L1 L3 L4 L5 L6 | Career Planning | L1 L2 L3 L4 | Study Skills | L2 L5 L6 L7 | Personal Statements | L2 L3 L4 L5 L6 L7 | Preparation to HE | |
| | L1 L6 L8 L9 L11 L12 | Introduction to FE / HE | L1 L6 L8 L9 L11 L12 | Introduction to FE / HE | L4 L5 L6 | Introduction to Lincs Higher and HE | L1 L3 L4 L5 L6 | Introduction to HE | L1 L2 L3 L4 L5 L6 | HE Talk | L2 L5 L6 L7 | UCAS | L2 L3 | Apprenticeship Presentation | |
| | L4 L5 L8 L11 L12 L13 L14 | Employer Engagement | L4 L5 L8 L11 L12 L13 L14 | Employer Engagement | L1 L2 L3 L4 L5 L6 L10 L11 | Marginal Gains | L4 L5 L6 L7 L8 L9 L10 L11 L12 L13 L14 L15 | Business Engagement | L1 L2 L3 L4 L5 L6 | My Perfect University | L2 L5 L6 L7 | University Life | L2 L5 | Employability Skills | |
| | L2 L4 L5 L7 L8 L11 L12 L13 L14 | Work based Skills | L2 L4 L5 L7 L8 L11 L12 L13 L14 | Work based Skills | L3 L4 L5 L6 L11 L12 | Goal Mapping | L1 L2 L3 L13 L22 L23 | CV and Letter Writing | L1 L2 L3 L13 L22 L23 | CV and Letter Writing | L1 L7 L13 L14 L15 | Choosing the right Course | L5 | Preparing for Exams | |
| | L2 L4 L5 L7 L8 L11 L12 L13 L14 | Work Based Skills | L8 L11 L12 L13 | Work Experience Induction | L1 L2 L3 | Study Skills | L4 L5 L6 | University Subject Specific Activities | | No Session 6 | L2 L3 | Apprenticeship Presentation | | No Session 6 | |

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| LIVING IN THE WIDER WORLD | R14 R15 R16 L2 L3 L4 L5 L6 | Learning skills and teamwork Sandwich Bar activity | L4 L5 L15 L16 | Income and expenditure | R37 R38 R42 R43 R44 R45 R46 R47 | Knife crime | H2 H22 R37 L22 L24 L26 L27 L28 KS4 L29 | Fake news | L1 L2 | GCSE revision and Study Skills | H1 H4 H6 H11 H13 | Relaxation | H1 H4 H6 H7 H14 R1 R3 R5 R6 R8 R9 R12 R13 R19 R20 R23 | Controlling relationships |
| | H30 H31 R2 R13 R14 R17 R21 R20 L20 L21 L24 L27 | Communicating online | H31 H33 | Fire safety | H1 H2 H4 H5 H9 H13 L2 L3 L4 L9 | Self-discipline | H21 H22 R9 R14 R16 R28 R29 R31 R35 R36 R37 R38 | Money laundering | L25 20 L17 R37 R38 R22 H22 H23 | Internet Safety The Dark Web | H2 H3 H4 H6 H7 H11 H14 H22 | Class A drugs part 1 | H1 H6 H14 R1 R2 R3 R4 R5R8 R9 R19 R20 R25 L24 L25 L26 L27 L28 | Online subcultures and extremism |
| | L15 L16 L17 L18 | Financial choices | H3 H6 R3 R16 R17 R39 R40 R41 L23 L26 | LGBT and Homophobia | L23 L26 L18 L3 | Sustainability | H4 H10 H22 R1 R9 R14 R28 R34 R35 R36 R37 R38 L24 L28 L29 | Terrorists - why do religious people become terrorists? | H18 H22 H28 | Globalisation | H23 H4 H6 H7 H11 H14 H22 | Class A drugs part 2 | H1 H4 H6 H14 R1 R2 R3 R5 R8 R9 R10 R19 R23 R25 L26 L27 | Social media and call out culture |
| | H1H2 H4 H9 | Aspirations | H18 H31 R15 R16 L18 L23 L26 | Caring for our environment | L15 L16 L18 L20 | Shoppers rights | H2 H4 H5 H7 R5 R9 R34 | Racism – why are people still prejudiced? | L6 L16 L17 L18 L19 L21 | Independent living | H1 H4 H6 H7 H9 H18 H20 R14 R17 R18 | Miscarriage | H1 L1 L17 L19 | Renting and buying |
| | H3 H4 H5 R3 R15 R16 R38 R39 R4 R41 L10 | Discrimination and prejudice | L4 L5 L15 L16 L17 L18 | Tax and public services | R2 R6 R10 R24 R31 R36 R37 R38 | Human trafficking | H22 H23 H24 H25 | Fire safety visitors | L28 L29 R34 R35 R37 R38 | What is right-wing extremism? | H4 H6 H7 H11 H14 H22 H23 | Class C drugs | H1 H14 L18 L19 | Payday loans |

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| | R1 R11 R12 R13 R14 R18 R28 R42 R43 R44 | Friendships- dealing with new feelings | H3 H6 R3 R16 R17 R39 R40 R41 L23 L26 | Stereotypes and the media (focus on teenagers) | L3 L15 L16 L18 L26 L19 | Debt – how to avoid | H2 H4 H22 H23 R8 R9 R16 R28 R29 R30 R35 R36 R37 R38 | Gang crime and county lines | | No session 6 | L9 H1 L1 L5 L6 L7 | Computer Literacy – Employability skills | | No session 6 |
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| Relationship and Sex Education | R1 R2 R3 R7 R9 R10 R13 R14 R18 R19 R23 R38 R39 R40 R41 | Bullying – why and how to stop this | H3 J4 H5 R1 R2 R3 R13 R14 R15 R16 R37 R38 R39 R40 R41 R42 R43 R44 L23 L26 | Discrimination and religion | H3 H5 L24 L22 R44 H5 | Body image and the media – focus on girls | H2 H4 R1 R4 R5 R6 R7 R10 R11 R17 R34 | Same Sex relationships | R1 R6 R9 R21 R34 | Relationship types | L27 H9 H14 L26 | Critical thinking | R8 H1 H8 H11 H14 H18 H19 R16 R17 R18 | STI advice |
| | H1 H2 H4 H5 H9 H10 R9 R10 | Self-worth and self esteem PSHE resource | R1 R2 R9 R10 R14 | Healthy relationships | R37 R2 R10 R38 R31 | Relationships and domestic abuse | H10 H23 R1 R3 R4 R7 R10 R17 R18 R32 R34 | Forced and arranged marriages | R18 H26 H29 R1 R2 R6 R8 R11 | Safe and Healthy Sex | H1 H14 H22 R12 R13 R20 | Date rape | H1 H2 H4 H6 R2 R3 R19 R25 L26 L27 | Sex and the media |
| | R1 R4 R9 R10 R13 R14 R16 R19 R21 R42 R44 | Safety in relationships | H3 H5 H30 R1 R2 R13 R14 R17 R39 R40 R41 R42 R43 R44 R45 L23 L24 L25 L26 L27 | Radicalisation and extremism | H11 H12 H5 H3 H10 H8 H17 H18 | Media and eating disorders, are they linked? | H4 H10 H22 H23 H26 R1 R3 R7 R8 R15 R16 R17 R18 R19 R22 R28 R29 R31 R35 L22 L23 L25 | Revenge porn | R1 R3 R7 R8 R9 R11 R18 R20 R30 R31 | Consent, rape and sexual abuse | R2 R3 R25 L26 | Feminism part 1 | H1 H4 H14 R1 R2 R3 R6 R8 R19 R23 R25 | Ageism |
| | R1 R2 R9 R10 R13 R14 R16 R21 R42 R44 | Friendships and boundaries | H30 H31 H35 H36 R12 R31 R32 R33 R34 | Contraception | R37 R2 R10 R38 R31 | Dangerous relationships | H1 H2 H4 H5 H7 R1 R7 R11 R12 R13 R17 R28 | Conflict – how to manage conflict successfully? | H2 H3 H4 H5 H9 H10 H11 H14 H16 H18 | Bullying | R2 R3 R25 L26 | Feminism part 2 | H4 H6 H11 H14 H18 H19 H20 R1 R5 R6 R7 R9 R15 R16 R17 | Sex readiness and encounters |
| | H2 R1 R2 R3 R12 R14 | Family relationships | H2 H5 H30 H31 R1 R2 R7 R8 R9 R10 R11 R13 | Sexting | R40 R41 R38 R3 R4 R5 R11 | Who are the LGBT community? | R1 R2 R3 R4 R9 R10 | Healthy Relationship visitors | R2 R3 R6 R9 R20 R23 H23 H19 H20 H21 | Chem sex and safe sex | R25 H6 H14 R2 R3 R20 R21 | Honour violence | H1 H4 H14 R1 R2 R3 R5 R8 R9 R19 R20 R23 | Tolerating intolerance |

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| | | | R14 R18 R19 R21 R23 R24 R26 R27 R29 R30 R42 R44 L20 L21 L24 L25 L27 | | | | | | | | | R25 L25 L26 L27 | |
| H2 H4 H5 H9 H12 H32 H34 R13 R15 R16 R18 R19 R22 R42 R43 L1 L2 | Regulating emotions | H3 H4 H5 H8 H11 H21 R3 R7 R8 R42 R43 R44 L21 L22 L23 L24 | Body image, male, and the media | R37 R30 R27 R2 R17 R24 R26 L20 | Child Sexual Exploitation | H5 H6 H7 H8 H10 H13 H14 R7 R9 R13 R25 L13 L16 L17 L18 | Parenting – different types and styles | | No session 6 | R11 R12 R13 | Consent | | No session 6 |

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| Health and Wellbeing | H13 H15 | The Sleep Factor | H2 H4 H5 H7 H9 H10 H13 H14 R18 L1 L4 | Mental health | H2 H4 H5 H6 H7 H10 H12 H14 H15 H17 H21 H27 | Managing anxiety | H2 H4 H5 H7 H8 H9 H10 H13 H14 | Social anxiety | H1 H19 H20 H21 H22 H23 H26 R14 R20 R35 R36 R37 H18 | Risk Taking | H2 H3 H4 H6 H7 H9 H14 | Cosmetic and plastic surgery part 1 | H1 H4 H5 H6 H7 R2 L26 | Emotional wellbeing part 1 |
| | H12 H21 H22 H3 R2 R3 R10 R22 R23 R24 R37 R39 R40 L10 | FGM and forced marriages | H24 H25 H26 H27 H28 H29 | Alcohol awareness | H1 R3 R4 R5 R38 R39 R40 R41 L1 | Discrimination and the Equality Act | H1 H4 H5 H11 H12 L1 L2 | Time management | H4 H7 H9 H12 H14 H18 H21 H25 R35 R37 L18 L19 L20 | Gambling and online gaming | H2 H3 H4 H6 H7 H9 H14 | Cosmetic and plastic surgery part 2 | H1 H4 H5 H6 H7R2 L26 | Emotional Wellbeing Part 2 |
| | H6 H10 H21 H34 R4 R5 R42 R44 | Puberty and managing change | H23 H24 H25 H26 H27 28 H29 R43 R44 | Vaping and the dangers | H11 H3 H5 H7 H8 H10 H12 | Self-harm – why do people do this? | H4 H9 H17 R9 R36 | Tattoos and piercing – can they be dangerous? | H2 H9 H11 H12 H13 H14 R9 | Sleep and sleep deprivation | H2 H3 H4 H7 R2 R25 | Gender and identity part 1 | H1 H3 H8 H9 H12 H14 | Healthy Eating |
| | H2 H5 H23 H24 H25 H26 H27 H28 H29 R15 R16 R20 R42 R43 R44 L1 | Drugs and their dangers | H30 H31 H35 R12 R24 R25 R28 R32 R33 R35 R36 | Teenage pregnancy | H3 H5 R7 R14 R42 L17 L18 L20 L24 | Selfie obsessed and the consequences | H2 H5 H6 H7 H8 H10 R11 R12 R13 R17 | Grief and bereavement – how to manage grief? | H2 H3 H4 H7 H13 H18 R9 R34 L24 | Body positivity | H2 H3 H4 H7 R2 R25 | Gender and identity part 2 | H1 H2 H4 H6 R2 R6 R19 R25 | Toxic and positive masculinity |
| | H2 H5 H10 H16 H17 H18 H19 R15 R16 L1 | Energy drinks | H14 H17 H18 H19 H22 H23 H27 | Cancer awareness | R20 H24 H26 H27 H29 H28 H31 | Illegal drugs and the law | H19 H20 H21 | Drugs and alcohol awareness - visitors | H1 H2 H4 H7 R5 R9 R34 | Privilege – how does this affect us? | H4 H5 H6 H7 | Mental awareness | H1 H3 H4 H9 H11 H14 H22 | Drugs, festivals and gigs |
| | H1 R2 R3 R9 R15 R19 L21 L23 | Personal identity and values | H1H2 H4 H5 H6 H7 H9 H10 H12 R14 R1 L2 L3 L4 | Emotional literacy – self awareness | H5 H6 H19 | Responsible health choices | H5 H10 H19 H20 H21 H23 R9 R12 | Homelessness – why is it increasing? | | No session 6 | H8 H9 | Healthy lifestyles Self-examination | | No session 6 |

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| British Values | H1 L23 R3 R2 R9 R15 R19 R41 | Personal identity and values | H1 H3 H5 H31 R1 R2 R3 R13 R14 R16 R37 R38 R39 R40 R41 R42 R43 R44 L23 L25 L26 | Tolerance and respect | H1H2 H4 H5 H9 H13 L2 L3 L4 L9 | Diversity in the communities | H4 H5 H22 R1 R9 R34 R35 R36 | Community cohesion | H2 H4 H7 R9 R34 R36 L3 | Diversity | R1 R2 R3 R25 L26 L27 | Social Justice | H1 L1 L4 L25 | Climate change |
| | H2 H7 H8 H10 H12 R15 R16 R43 L1 | Peer pressure and respect | H30 H31 R37 R44 R45 R46 R47 | Antisocial behavior | R40 R39 | British community, religion and culture | H19 H20 H23 R16 R22 | Criminal justice system | L28 L29 R34 | Multiculturalism – what is multiculturalism? | L28 H14 R2 R10 R19 R20 R25 L26 L27 | Free speech part 1 | H1 H4 H14 R1 R2 R3 R8 R9 R19 R23 R25 L25 L26 L27 | Cultural appropriation |
| | H5 H6 H7 H9 | Wants and Needs | H5 H6 R2 R9 R10 R13 R14 R19 R25 R26 R27 R31 | Law and consent | R3 R4 R39 R40 R41 | Stonewall visitor | H5 H11 R35 L17 L18 L25 | Responsibility and our carbon footprint | H2 H4 H5 H6 H7 H8 H10 | Happiness and Positivity | L28 H14 R2 R10 R19 R20 R25 L26 L27 | Free speech part 2 | H1 H4 H6 H14 R1 R2 R3 R5 R8 R9 R10 R19 R23 R25 R26 R27 | Call out culture |
| | H3 H5 H30 H31 R2 R3 R13 R14 R15 R17 R37 R39 R40 R41 R42 R43 R44 R45 L23 L25 L26 L27 | What is online radicalisation and why is it a problem? | H3 H4 H5 R3 R15 R16 R38 R39 R40 R41 L10 | Recognising and challenging values/beliefs | L5 L17 L16 L23 L26 | Aid across the world | H4 H7 R5 R9 R34 L5 | International Women’s day and its importance. | H19 H20 H22 H23 R20 | Personal safety in the wider world | L23 L24 L25 | Brexit/important articles in the news and their impact | H1 H4 H14 R2 R3 R8 R19 R23 R25 L26 L27 | Culture wars and media part 1 |

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| H3 H5 H30 H31 R2 R3 R13 R14 R15 R17 R37 R39 R40 R41 R42 R43 R44 R45 L23 L25 L26 L27 | Challenging values - Extremism | H1 H2 H4 H5 H6 H7 H10 H31 R13 R14 R15 R16 R18 R19 L1 L2 L3 L4 L5 | Responsibility and targets | R47 R37 R38 | The law and young offenders | R35 R36 R37 R38 | Anti-social behaviour - visitors | L18 H11 H18 R28 | Animal rights and sustainability | L2 L9 | Plagiarism | H1 H4 H14 R2 R3 R8 R19 R23 R25 L26 L27 | Culture wars and media part 2 |
| L16 L17 L18 | How can we shop ethically? | H1 H2 H4 H5 H9 R1 R2 L2 L3 L4 L14 | Individual awareness | H1 H2 H4 H5 H9 H13 L2 L3 L4 L9 | Rules – why do we need them? | H2 H22 H23 R1 R7 R12 R14 R16 KS4 R17 R28 R29 R31 L25 | Harassment and the law | | No session 6 | H1 L1 L5 L6 L7 L9 | Researching different jobs | | No session 6 |

*Codes refer to PSHE Association recommended scheme of work (H = Health and well-being, R = relationships, L = Living in the wider world) and correlate to appropriate Key Stage. Other code refers to Modern British Values. (BV)