

Health and Social Care KS4 Curriculum Overview

By the end of KS4, students should:

KNOW	<p>The Tech Award gives learners the opportunity to develop applied knowledge in the following areas:</p> <ul style="list-style-type: none"> the life stages and key characteristics in the physical, intellectual, emotional and social (PIES) development classifications and the different factors that can affect an individual's growth and development different life events and how individuals can adapt or be supported through changes caused by life events health and social care conditions, how they can be managed by the individual and the different health and social care services that are available 	<ul style="list-style-type: none"> the barriers and obstacles an individual may encounter and how these can be overcome the skills, attributes and values required to give care and how these benefit the individual how factors can affect an individual's current health and wellbeing how physiological indicators and an individual's lifestyle choices determine physical health the use of the person-centred approach recommendations and actions to improving health and wellbeing and the barriers or obstacles individuals may face when following recommendations and the support available to overcome
DO	<ul style="list-style-type: none"> Learners will explore different aspects of growth and development and the factors that can affect this across the life stages. They will explore the different events that can impact on individuals' physical, intellectual, emotional and social (PIES) development and how individuals cope with and are supported through changes caused by life events. 	<ul style="list-style-type: none"> Learners will explore health and social care services and how they meet the needs of service users. They will also study the skills, attributes and values required when giving care. Learners will explore the factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and person-centred approaches to make recommendations to improve an individual's health and wellbeing.
APPRECIATE	<ul style="list-style-type: none"> Students to develop their knowledge and understanding of health and social care. Pupils will access a curriculum that is diverse, representative and inclusive. 	

Curriculum Coverage:

	<i>Topic</i>	<i>Sub Topic</i>	<i>Coverage</i>
Year 10	Component 1: Human Lifespan Development	Understand human growth and development across life stages and the factors that affect it	<ul style="list-style-type: none"> Human growth and development across life stages Factors affecting growth and development
		Investigate how individuals deal with life events	<ul style="list-style-type: none"> Different types of life events Coping with change caused by life events
	Component 2: Health and Social Services and Values	Understand the different types of health and social care services and barriers to accessing them	<ul style="list-style-type: none"> Health and social care services Barriers to accessing services
		Demonstrate care values and review own practice	<ul style="list-style-type: none"> Care values Reviewing own application of care values
Year 11	Component 2 continued		
	Component 3: Health and Wellbeing	Demonstrate knowledge and understanding of factors that affect health and wellbeing	<ul style="list-style-type: none"> Factors affecting health and wellbeing Physiological indicators
		Interpret health indicators	<ul style="list-style-type: none"> Lifestyle indicators
		Design a person-centred health and wellbeing improvement plan	<ul style="list-style-type: none"> Health and wellbeing improvement plans
Demonstrate knowledge and understanding of how to overcome obstacles relating to health and wellbeing improvement plans		<ul style="list-style-type: none"> Obstacles to implementing plans 	

The Wider KS4 Curriculum:

- Visits:** Visits from paramedics, guest speakers
- Homework expectations:** Homework is set weekly for wider reading around the subject area to broaden knowledge and understanding

Health and Social Care KS5 Curriculum Overview

By the end of KS5, students should:

KNOW	<ul style="list-style-type: none"> Engage in a broad investigation of various aspects of the health and social care sector Develop knowledge of professional values and skills expected of professionals, including communication and listening skills 	<ul style="list-style-type: none"> Develop knowledge of the responsibilities of professionals to be adaptable and innovative in delivering care
DO	<ul style="list-style-type: none"> Develop organisational and critical thinking skills Develop interpersonal skills required when working with others, including compassion and empathy 	<ul style="list-style-type: none"> Be able to manage their own time and learning Develop academic skills such as research.
APPRECIATE	<ul style="list-style-type: none"> Develop cultural and social intelligence when working with individuals across the lifespan with different needs, alongside methods of managing challenging situations Develop transferable and study skills becoming well-rounded individuals, better prepared for the demands of Higher Education 	

Curriculum Coverage:

	<i>Topic</i>	<i>Sub Topic</i>	<i>Coverage</i>
Year 12	Unit 2: Human Biology and Health	Organisation of the human body	<ul style="list-style-type: none"> Cells Tissues Energy in the body Homeostatic mechanisms
		Body Systems	<ul style="list-style-type: none"> The cardiovascular system The respiratory system The nervous system The endocrine and renal systems The musculoskeletal system The function of further body systems
		Disorders of the body and effect on body systems	<ul style="list-style-type: none"> The main disorders of the body systems
	Unit 3: Principles of Health and Social Care Practice	The principles of health and social care practice which underpin meeting the care and support needs of individuals	<ul style="list-style-type: none"> Values essential to health and social care practice Person-centred care and approaches Communication in health and social care Confidentiality Duty of care Working with vulnerable children and adults at risk
		Examine how organisation, legislation and guidance inform practice in health and social care	<ul style="list-style-type: none"> Organisations, legislation and guidance affecting health and social care services Organisation of health and social care services How health and social care services are organised to benefit the population Using critical thinking skills to draw valid conclusions
		Examine how social determinants affect the health status of individuals and the importance of equality, diversity and inclusion in practice	<ul style="list-style-type: none"> The effect of social determinants on individuals' health status Improving health outcomes in practice Potential barriers to improving health outcomes in practice
Year 13	Unit 1: Human Lifespan and Development	Human growth and development through the life stages	<ul style="list-style-type: none"> Holistic development Relationship between different areas of development Physical intellectual, emotional and social development at each life stage
		Factors affecting human growth and development across each life stage	<ul style="list-style-type: none"> Genetic factors Lifestyle factors Health inequalities
		Health and social care promotion, prevention and treatment at different life stages	<ul style="list-style-type: none"> Prevalent health conditions Health and social care promotion and prevention Health and social care professionals
	Chosen unit: Approaches to health education campaigns and their impact on health and wellbeing	Understanding the purpose of health education	<ul style="list-style-type: none"> Purpose of health education Role of health education Organisations influencing health education Legislation and regulations impacting on health education Monitoring the health of the nation
		Exploring key issues and priorities for health and the factors that affect health and wellbeing	<ul style="list-style-type: none"> Health issues and priorities Factors affecting health and wellbeing
		Examining approaches to health education campaigns and their impact on health and wellbeing	<ul style="list-style-type: none"> Current and ongoing health education Planning a health education event Models and approaches used in health education to promote health and wellbeing

The Wider KS5 Curriculum:

- Visits:** Lincoln University Engine Shed for NHS careers event.
- Homework expectations:** students are expected to work on either coursework or read up on upcoming topics covered within the specification. Reading materials or suggested websites will be provided. Homework might also involve revision for examinations.